

## Foods And Substances Which Are Toxic For Your Dog

Alcoholic beverages	Can cause intoxication, coma, and death.
Avocado (fruit, pit, & plant)	Can cause difficulty breathing; fluid accumulation in the chest, abdomen and heart; or pancreatitis.
Baby food	Can contain onion powder, which can be toxic to dogs. (Please see onion below.) Can also result in nutritional deficiencies, if fed in large amounts.
Bones (cooked)	Can splinter and tear a dog's internal organs.
Caffeine (from coffee, coffee grounds, tea, or tea bags)	Stimulates the central nervous and cardiac systems, and can cause vomiting, restlessness, heart palpitations, and even death within hours.
Chocolate	Contain caffeine, theobromine, or theophylline, which can be toxic and affect the heart and nervous systems. Chocolate can cause seizures, coma and death. Baker's chocolate is the most dangerous. The darker the chocolate, the more dangerous it is. But any chocolate, in large enough amounts, can kill a dog. An ounce of chocolate can poison a 30-pound dog, and many dogs will happily consume more than this. The symptoms may not show up for several hours with death following within twenty-four hours. The toxins in chocolate build up in the dog's system so even a small amount of chocolate given regularly can have fatal consequences in time.
Citrus oil extracts	Can cause vomiting.
Egg whites (raw)	Raw egg whites contain a protein called avidin, which can deplete a dog of biotin, one of the B vitamins. Biotin is essential to your dog's growth and coat health. The lack of it can cause hair loss, weakness, growth retardation, or skeleton deformity.
Fruit pips, stones and seeds	Apple seeds, cherry pits, and peach pits, pear pips, plums pits, peaches, and apricot pits contain cyanide, which is poisonous.
Grapes & raisins	Can cause kidney failure in dogs. As little as a single serving of raisins can kill a dog. If the dog doesn't eat enough at one time to be fatal, he can be severely damaged by eating just a few grapes or raisins regularly.

Ham & bacon	Contain too much fat and too much salt, and can cause pancreatitis. Also, large breeds of dogs that eat salty food may drink too much water and develop a life-threatening condition called bloat. This is where the stomach fills up with gas and within several hours may twist, causing death.
Hops	Unknown compound causes panting, increased heart rate, elevated temperature, seizures, and death.
Human vitamin supplements containing iron	Can damage the lining of the digestive system and are toxic to other organs including the liver and kidneys.
Insulin	This is a warning for Diabetics who inject themselves with insulin. Most people are taught, when they draw insulin into a syringe, to squirt out any air bubbles and with the air bubbles there is usually a few drops of insulin. If these drops land on your hands and are licked off by a puppy or small dog they could be enough to cause a rapid drop in blood sugar and, depending on the amount ingested and the size of the dog, loss of coordination, seizures and coma, and possibly, death of the dog.
Liver (large amounts)	Raw liver or too much cooked liver (three servings a week) can lead to vitamin A toxicity. This can affect muscles and cause deformed bones, excessive bone growth on the elbows and spine, weight loss, and anorexia.
Macadamia nuts	Contain an unknown toxin, which can affect the digestive and nervous systems and muscle. Can cause weakness, muscle tremor and paralysis. These symptoms are usually temporary.
Marijuana	Can depress the nervous system, causing vomiting, and changes in the heart rate.
Medicines	Medicine prescribed for humans may not be safe for your pets. Never give medicine prescribed for one animal to another. Always check with your veterinarian before giving your pets any medicine make sure you follow directions when medicating your pets. Keep medicines stored out of the reach and sight of your pets at all times. With their curiosity and strong teeth, dogs can easily open medicine bottles and tubes.
Mouldy or spoiled food, garbage	Can contain multiple toxins causing vomiting and diarrhoea and can also affect other organs.
Mushrooms	Can contain toxins, which may affect multiple systems in the body, cause shock, and result in death. Wild mushrooms can cause abdominal pain, drooling, liver damage, kidney damage, vomiting, diarrhoea, convulsions, coma, or death.

Nutmeg	Can cause tremors, seizures and death.
Onions & garlic (raw, cooked, or powder)	Contain sulfoxides and disulfides, which can damage red blood cells and cause anaemia. Garlic is less toxic than onions and small amounts can be included in a dog's food.
Persimmons	Seeds can cause intestinal obstruction and enteritis.
Raw fish	Can result in a thiamine (a B vitamin) deficiency leading to loss of appetite, seizures, and in severe cases, death. More common if raw fish is fed regularly.
Salt	If eaten in large quantities may lead to electrolyte imbalances and kidney problems. Large breeds of dogs that eat salty food may then drink too much water and develop bloat, which is fatal unless emergency treatment is given very quickly.
Stones of apricots, peaches and plums	Can cause obstruction of the digestive tract.
Tobacco	Contains nicotine, which affects the digestive and nervous systems. Can result in rapid heartbeat, collapse, coma, and death.
Tomatoes	Can cause tremors and heart arrhythmias. Tomato plants are the most toxic, but tomatoes themselves are also unsafe. (All parts of the plant except the tomato itself are also poisonous to humans.)
Walnuts	Walnuts have a high phosphorous content which can lead to kidney stones.
Xylitol	Diet products containing the sweetener Xylitol can cause a sudden drop in blood sugar, resulting in depression, loss of coordination and seizures. Unless treatment is given quickly, the dog could die.
Yeast dough	Can expand and produce gas in the digestive system, causing pain and possible rupture of the stomach or intestines.



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*Nutmeg*